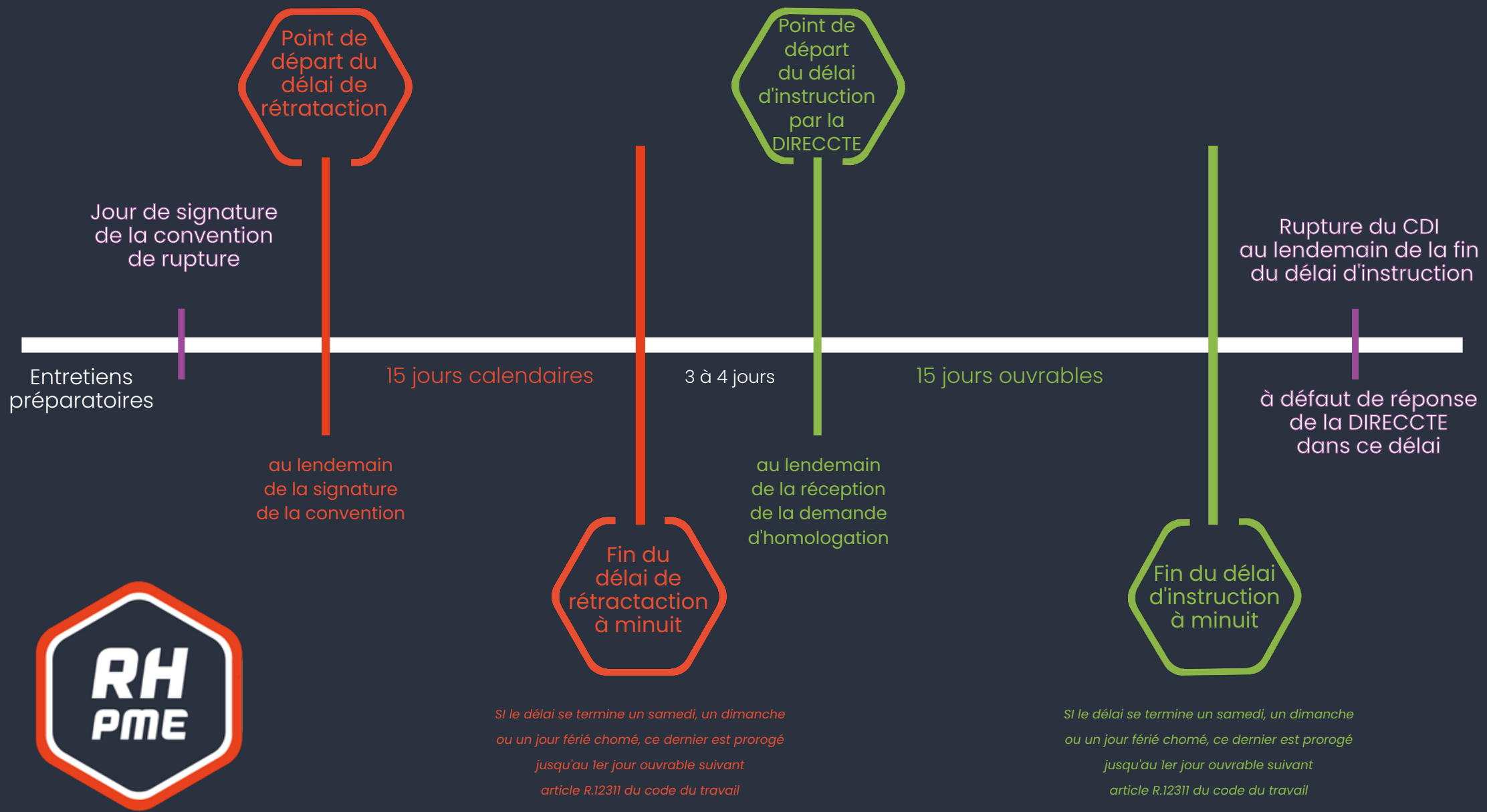Calendrier de rupture conventionnelle